

# The Fantastic Kitchen Cleaning Checklist



Separated into daily, weekly, monthly, and quarterly tasks, this kitchen cleaning schedule is easy to follow and is sure to help you on your journey to a spotless kitchen!

## Daily

- Wash any dirty dishes or run the dishwasher.
- Empty the dishwasher if needed.
- Empty the rubbish bin.
- Wipe the kitchen counters and the table.
- Clean your stovetop.
- Wipe any spills as soon as they occur.
- Sweep the floor.

## Weekly

- Throw away anything expired from fridge.
- Replace tea towels and wash old ones.
- Wash the rubbish bin and let it air dry.
- Clean the kitchen sink and the drain.
- Sanitise the drying board and dish drainer.
- Clean the small appliances.
- Clean the exterior of large appliances.
- Dust light fittings and other surfaces.
- Wipe and polish any glass surfaces.
- Mop the floor.

## Monthly

- Throw away anything expired from freezer.
- Clean the inside of the fridge and drip pan.
- Clean the dishwasher inside and out.
- Wipe and organise cupboards.
- Spot clean the tile grout.
- Degrease cabinets, cooker hood, etc.

## Quarterly

- Deep clean the oven inside and out.
- Clean the fridge coils.
- Throw out expired spices.
- Get rid of broken cookware and dinnerware.
- Declutter your kitchen, cabinets and counters.